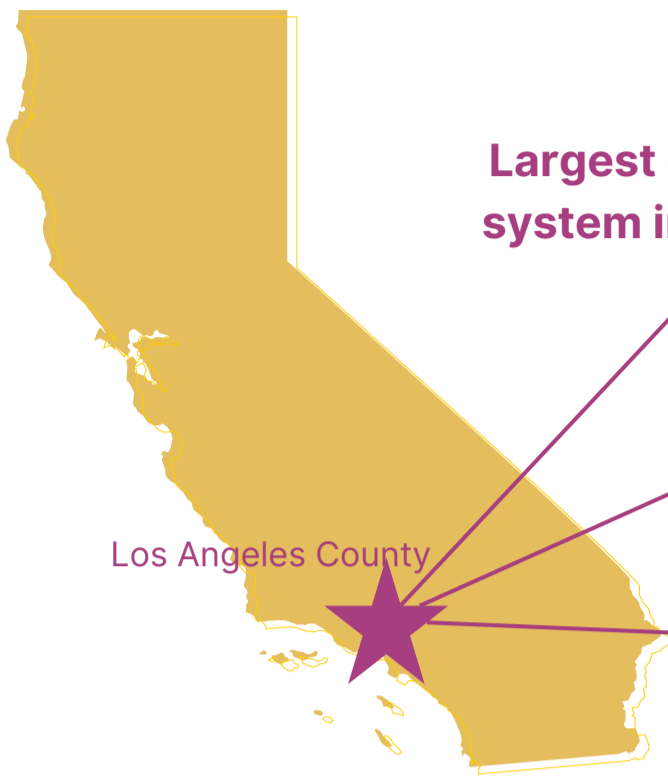




Fit for Foster Youth

A foster youth-inclusive study highlights priority areas for sexual reproductive health & education



Largest child welfare system in the country

Over 20,000 children and youth in care

Health access & outcome disparities including 2-3x the rate of pregnancy

Youth Service Journey

Nine youth in foster care, ages 13-17 years old, shared their experiences navigating through sexual and reproductive health

NEGATIVE	VS	POSITIVE
Singled out by teacher during school-based sex ed	🎯	Learning about the science of reproduction
Coerced into birth control during a period of abuse	+	Nurses who anticipate needs and joke around
Walking in on parents during sex as a child	❤️	Having sex with a person they loved
Feeling alone with no support at first period	👥	Being coached by an older sister about period
Being misdiagnosed by a doctor who wasn't listening	👤	Receiving quick and effective STI treatment
Using fear when teaching about sex	📖	Talking with friends about relationships

Youth Priorities

On a survey, 28 youth ranked and described their top priorities

Safety

Options and autonomy matter. Young people want to know adults will keep them safe and choose what is right for them. They want balanced perspectives to learn about sex without fear.

Vibe

Rapport and relationships matter. Vibe ensures youth comfort and results in youth sharing their questions and experiences. Positive vibe includes comfort, connection, enjoyment, and humor.

Effectiveness

Getting what's needed, when needed. Life is hard enough without worrying about transport, prescriptions, or judgment. Youth appreciate when adults help them get the services they need.

